INSTRUCTIONS FOR PHARMACISTS

Period Delay

Patient and GP details

Women 18 to 55 inclusive are eligible.

- No confirmation of patient ID is required unless Pharmacists judge this necessary.
- Entering a GP name and surgery is optional
- If patient consents, fax or post copy of completed form to surgery within 3 months

Suitability for Norethisterone

Answers in this section must be ‘Yes’. If any answer is ‘No’ in this section of questionnaire, a supply of norethisterone is excluded.

Women MUST read the Patient Information Leaflet – Period Delay Tablets BEFORE completing their assessment form. Women answering ‘No’ to any question should be advised to re-read the leaflet.

Some patients may need help from a Pharmacist to understand the information contained in the leaflet. Most questions women have about taking norethisterone are addressed in the manufacturer’s PIL.

Current Medications

A supply of norethisterone is excluded in cases where women are taking any of the following potentially interacting drugs unless first discussed with a doctor. Dose adjustment may be required in some cases.

- Medicines to treat epilepsy (e.g. phenytoin, carbamazepine)
- Antibiotic medicines to treat an infection (e.g. tetracyclines, rifampicin, co-trimoxazole)
- Antiviral medicines to treat HIV (e.g. ritonavir, nelfinavir)
- Anticancer medicines
- Herbal preparations containing St John’s Wort (Hypericum perforatum)
- Aminoglutethimide, sometimes used in Cushing’s syndrome
- Ciclosporin (for suppressing the immune system)
- Non-steroidal inflammatory drugs (NSAIDs) for treating pain and inflammation
- Medicines for high blood pressure

Medical History

All answers in this section must be ‘No’. If any answer is ‘Yes’ a supply of norethisterone is excluded.

Women answering ‘Yes’ to any question may be eligible for a supply of norethisterone on prescription from their doctors, although supply be PGD is excluded unless clarification for a doctor is provided.

Confirmation

Answer must be ‘Yes’ to question the statement, ‘I will read the manufacturer’s ‘Patient Information Leaflet’ supplied with my norethisterone tablets’.

Patient’s signature required.

FOR PHARMACIST USE ONLY

- All answers in this section must be ‘Yes’.
- Completed forms should be retained for 8 years.
- If patients consent, fax or Post completed form to surgeries with each supply within 3 months

Repeat supplies

A maximum of 60 norethisterone 5mg tablets to be supplied at one time, sufficient to delay periods by up to 16 days (initiating the course 4 to 5 days prior to onset of period).

Only a single course of treatment is permitted and not to be repeated within 6 months. A new assessment form is needed with each new supply.

Note: restrictions applying to the supply of norethisterone by PGD may not apply when norethisterone is prescribed by doctors.

Dose instructions

Norethisterone 5mg tablets, one to be taken three times daily (starting 4 to 5 days before the expected first day of a period and continued until period delay is no longer required).

Records

All parts of the assessment form must be completed and the form retained for 8 years as a medical record.

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